

Robert B. Cooper M.D.
Consultative Practice of Gastroenterology
Gastrointestinal Endoscopy

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PLENVU PREPARATION FOR COLONOSCOPY

This is a prescription product. The prescription will be sent to your local pharmacy along with a coupon code for you to provide to them. We may also send the prescription to a "mail and deliver" pharmacy.

ONE DAY BEFORE PROCEDURE:

You may have a normal diet before noon, with an exception of raw fruit and vegetables.

Starting at 12 noon, you will start a clear liquid diet and you will remain on clear liquids. Clear liquids also include: water, clear soups (beef, chicken, or vegetable broth), Jell-O (not red), ice pops, fruit juices, tea, and the other liquids listed above. **NO COFFEE.**

AT 5:00: (OR EARLIER)

Using the container enclosed with your prescription, mix the Dose 1 pouch with 16oz of water. Stir and continue stirring until it is dissolved. Take your time drink the first dose and finish with in 30 minutes.

Refill your container with plain water and drink at least 16oz of water. Take your time and finish this with in 30 minutes

AT 7:00:

Using the container enclosed with your prescription, mix the Dose 2 pouch with 16oz of water. Stir and continue stirring until it is dissolved. Take your time, this dose should be finished with in 30 minutes.

Refill your container with plain water and drink at least 16oz of water. Take your time and finish this with in 30 minutes

DAY OF THE PROCEDURE:

Nothing to eat or drink for 4 hours prior to your exam. **NOT EVEN WATER**

DATE AND TIME : Wed, October 16 , arrive at 9:30 am

Carnegie Hill Endoscopy
1516 Lexington Avenue
between 97 & 98th Streets

YOU WILL BE SEDATED FOR THIS EXAM. THERE IS NO DRIVING AFTER YOUR PROCEDURE. SOMEONE MUST ACCOMPANY YOU HOME. THIS IS A REQUIREMENT. As sedation is involved, you should not operate an automobile or machinery for the remainder of the day.

PLEASE BE ADVISED THAT YOU MAY INCUR AN ADDITIONAL FACILITY FEE FOR PROCEDURES PERFORMED AT THE HOSPITAL OR CARNEGIE HILL ENDOSCOPY. FOR BILLING INQUIRIES CALL THE NUMBERS PROVIDED. IF TISSUE BIOPSIES OR POLYP REMOVAL IS OBTAINED, YOU WILL RECEIVE A SEPARATE PATHOLOGY FEE

In preparation for a patient scheduling a procedure with our office, our staff performs several steps to make this happen. We prepare the preparation, contact the pharmacy, call the insurance company for authorization and coordinate the schedule with the surgical center. All of these steps require time and staff. In an effort to reduce the amount of cancellations we have been getting, we are now keeping a credit card on file . You may be subject to a cancellation fee of \$250.00.